

THERAPEUTIC RECREATION WEEK

WHEREAS: Individual and organized forms of recreation and the use of leisure time are vital to the lives of all Americans, especially persons with physical, mental, emotional and/or social limitations; and

WHEREAS: Active and adaptive recreation is important to the promotion and maintenance of general health and wellness and quality of life. The inclusion of all individuals in recreation programs, based on interests and assessed needs, encourages optimum mental health and positive attitudes; and

WHEREAS: The purpose of therapeutic recreation is accomplished through the provision of programs and services which assist in eliminating barriers to leisure, developing leisure skills and attitudes, and optimizing leisure involvement; and

WHEREAS: The Georgia Recreation and Park Association serves as part of a statewide collaborative "Take Charge of your Health, Georgia!" and the "Live Healthy Georgia" campaign to promote physical activity and healthy eating for all Georgians, as well as improving quality of life, particularly for high-risk populations; and

WHEREAS: The National Therapeutic Recreation Society, a branch of the National Recreation and Park Association, and the National Council for Therapeutic Recreation Certification have originated Therapeutic Recreation Week to focus on the value of recreation and leisure experiences and to educate and encourage those with special needs to live fuller, more enriched lives; now

THEREFORE: I, SONNY PERDUE, Governor of the state of Georgia, do hereby proclaim July 11-17, 2010, as THERAPEUTIC RECREATION WEEK.

In witness thereof, I have hereunto set my hand and caused the Seal of the Executive Department to be affixed this 1st day of July in the year of our Lord two thousand ten.